



Over the Counter Medical Form 12/06

Dear Parent,

YD Adventures carries a number of over-the-counter (OTC) medications on our extended trips (e.g. 5-21 days). These medications are made available to trip participants under the age of eighteen *only* if parents give consent in writing.

Below are listed the OTC's that we provide. If you do not want us to make any or all of these "Meds" available to your son or daughter please note below.

Here is what we provide:

Please Check:

YES make all of these available

NO do not make any of these available

OR

Please make only the following available (Check the ones that are OK):

100% Aloe Vera Gel (for sunburn and other burns)

.Technu. cream for poison oak

Hydrocortisone anti-itch crème

Eye wash

Anti-diarrhea medicine

Sudaphedrine/Nasal decongestant

Acetaminophen

Tylenol (extra strength)

Children.s aspirin

Naproxen Sodium/Aleve

Antihistamine/allergy medication

Blistex/lip ointment

Pepto-Bismol/ indigestion medicine

Metamucil/fiber laxative

Parent's Printed Name _____

Signature _____ **Date** _____

Participant's Name: _____